

Deliciously fun

Little Kid Zone



Deliciously fun little kid zone meals include drink, entrée & dessert.

1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4-8 years and 1,400 to 2,000 calories a day for children ages 9–13 years, but calorie needs vary. Additional nutrition information available upon request.



Drinks

1% Milk (150 Cal) **Minute Maid Lemonade** (80 Cal)

Orange (80 Cal), Mott's Apple Juice (60 Cal), Honest® Kids Super Fruit Punch (35 Cal) Honest













Entrees

3 Chicken Pops Choose a side! (390 Cal)

Mac & Cheese* Choose a side! (300 Cal)

Cheesywich Choose a side! (410 Cal)

NEW Green Machine Does not include side. (250 Cal)

Cheese Quesadilla Does not include side. (800 Cal)

2 Mini Sliders[†] Choose a side! (530 Cal)

Items with green outline calculated under 600 calories as pictured.







Sides

Apple Slices (80 Cal)

Mott's Applesauce (110 Cal)

Mandarin Oranges (80 Cal)

Broccoli (60 Cal)

French Fries* (170 Cal)

*Upgrade to waffle fries or onion rings for .99 (300/280 Cal)

Desserts

Monster Mash Sundae

Mint Chocolate Chip ice cream with M&M's®* and REESE'S® PEANUT BUTTER CUP. (M&M's® may contain peanuts) (410 Cal)

Cone Head™ (450 Cal) (Contains peanuts)

Hot Fudge Sundae (380 Cal)



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Big Kid Zone



Deliciously fun big kid zone meals include drink, entrée & dessert.

*Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. All Friendly's burgers are cooked to at least 160°.









1% Milk (150 Cal) Minute Maid Lemonade (80 Cal)

Orange (80 Cal), Mott's Apple Juice (60 Cal), Mott's Apple Juice Honest® Kids Super Fruit Punch (35 Cal) Honest

Jolly Mixer (200–380 Cal) Ask for flavor options









4 Chicken Pops Choose a side! (540 Cal)

NEW Taco Pocket Does not include side. (720 Cal)

Mac & Frank Does not include side. (*Hot dog contains milk) (470 Cal)

NEW Chicken & Rice GardenDoes not include side. (410 Cal)

20 Mini Mozzarella Sticks Choose a side! (590 Cal)

2 Double Sliders† Choose a side! (770 Cal)

Items with green outline calculated under 600 calories as pictured.

Sides

Apple Slices (80 Cal)

Mott's Applesauce (110 Cal)

Mandarin Oranges (80 Cal)

Broccoli (60 Cal) French Fries* (170 Cal)

*Upgrade to waffle fries or onion rings for .99 (300/280 Cal)

Desserts

Banana Split Sundae (430 Cal) Contains Walnuts

Worms & Dirt Friend-z® (900 Cal) Soft vanilla ice cream blended with OREO® Cookie Pieces and sour gummy worms

BYO Sundae (500–1250 Cal) Pick your own ice cream + 3 toppings







